



Join the
Center for Life Enrichment
September 6 - 10, 2017

A Passion for Sonoma

Wine and So Much More

**4 DAYS AND 4 NIGHTS OF AMAZING WINES,
DELICIOUS FOODS, BEAUTIFUL LANDSCAPES AND
AN INCREDIBLE LEARNING EXPERIENCE**



Tour Leader

This trip is hosted by Donna Woods, Certified Specialist of Wine (CSW) and Wine & Spirit Education Trust (WSET) Atlanta Wine School Graduate. Donna is former co-owner of Lakeside Restaurant in Highlands, NC. She helped to grow Lakeside's wine list into a 13+ year Wine Spectator Award winning wine list. Donna and husband Marty's extensive winter travels to wine regions in France, Italy, Portugal, South Africa and of course, California, Oregon, Washington, New York and even New Mexico and Arizona, have given her wonderful first-hand opportunities to enjoy and learn more about wine. Donna will guide you to not only a love of the many wines of Sonoma, but to the amazing versatility and beauty of Sonoma County.



Your Itinerary*

Day 1:

Meet at San Francisco Airport for Terrific Tour Transportation Company to take us to Sonoma County. We will have time for a photo op

on the north side of the Golden Gate Bridge before heading into Sonoma County. We will stop at the Amazing Cornerstone Gardens and Marketplace and then head to Carneros, the crossroads of Sonoma and Napa Counties. Experience a private tasting in the caves at Schug Estate. We will then head north to an award winning winery for a reception and five course dinner with wine pairings which will introduce us to wine country hospitality at its best! Transportation and check in at our hotel in Windsor, which will be our home for the duration of the trip.

Day 2: Breakfast at the Hotel prior to pick up and transportation to Sebastopol for a private tasting at a well know Russian River Winery, where the winemaker was one of the first women in California to make a career in winemaking. Following our experience there, we are transported to another famous woman's family wine estate where we will have a seated, private tasting and a picnic lunch on the patio overlooking their organic and biodynamic estate, nestled in the rolling hills of Western Sonoma County. This famous Catalonian vineyard is unique in California because it is totally European in style. From there it's to the amazing Barlow, a 12.5 acre open air market place, where Sonoma County's best chefs, vintners and artisans come to work side by side to create an all-inclusive experience. Our group will be met by the folks at Taylor Maid Farms as we learn about coffee roasting and have a coffee experience that you won't forget. After a little free time we will meet for cocktail hour at Spirits Works Distillery. Dinner will take place at one of the best restaurants in the area, Zazu's Kitchen+Farm. After a full day and full bellies, our transportation takes us back to the hotel for a good night's rest.

Day 3: Breakfast at the Hotel then an early start (8:30) to depart hotel for an amazing day, "Russian River to the Coast". We stop at a local creamery to learn how goat cheese is made as we watch the cute goats roam the farm. Afterwards, our tour takes us to one of the county's favorite bakeries for lunch, then to a beautiful winery featuring both still and sparkling wines and to Bodega Bay to meet with a fisherman for today's catch, which we bring back. Our day will wander to the coast and back where we will be taken to the crown jewel of Sonoma County, "Healdsburg", (pronounced Hillsburg). We will be on our own to enjoy the beautiful and historic Healdsburg Square before going to Relish Culinary Center for a hands on cooking class. Dinner with the foods we gathered on our day's trip along with local wines will immediately follow. Transportation back to the hotel for a good night's rest.

Day 4: Breakfast at the Hotel before departing for Sonoma's Dry Creek Valley for a private tour of one of the most beautiful wineries. Their five acres of gorgeous gardens, meandering paths and foot bridges surrounding the winery are just as well-known as their wines! We will then be transported down to the river to the Davis Family Wines Tasting Room. This is also the weekend location for the famous Black Pig Food Truck where we will have lunch. Then we will have the opportunity to play a little Bocce Ball and enjoy a relaxed few hours in



this casual atmosphere. We follow the experience with an opportunity to visit one of the most unique sites in Sonoma - surrounded by 115 year old vines. The facility, built of straw bales and vineyard clay is primarily solar powered. We will then go back to Healdsburg Square for a little time on our own before going to dinner at the unique Barndiva Restaurant. This will be our farewell dinner and should prove to be extra special! We can walk around the square a little after dinner before being transported back to our hotel.

Day 5: Early departure from hotel to SFO airport, unless you want to extend your time in Sonoma on your own.

Flight Information

We suggest: DELTA # 2265 Wednesday, September 6, Depart Atlanta at 9:45 AM, Arrives San Francisco at 11:55 AM

Please have lunch on the plane. Our reception and dinner is not until 5:30 and we will not have time to stop for lunch without giving up something more fun!

(Should you need to take another flight or come out a few days earlier, please meet us in baggage claim no later than 12:30. (any special arrangements will need to be made ahead of time) To take advantage of airport transfers and the first stops, please book your flights within this time frame.)

RETURN: Sunday, September 10, Depart SFO, Delta # 2265 at 12:15 PM Arrives Atlanta at 8:02 PM

DEPARTURE FROM HOTEL at 8:15 AM (tour transportation)

All flight information should be given ahead of time. We suggest booking your flight early as these flights often sell out. Please double check flight numbers and departure times prior to, as the airlines often change these without much notice. At this time, these were the flight numbers and departure/arrival times. Should you wish to extend your stay in California, maybe an urban experience in San Francisco, our transportation may be able to drop you at a hotel in the city on the way to or back from the airport.

We encourage signing up for special wine club memberships so you can savor the flavors for months to come. Every membership is different, but basically you receive a discount when you purchase at the winery and you receive a discount when you purchase at the winery and you will receive wines from one to six times per year depending on the type of membership. Also, special wines not offered to the public are made available for their members. A few wineries even have guest lodging for their members. It is an amazing way to keep the Sonoma experience going.....and it is delivered to your door!!!!

Not included:

Airfare, trip insurance, wine purchases or club memberships if applicable.

*Itinerary is subject to change

Sonoma Wine Tour

September 6 - 10, 2017

Per Person (Double Occupancy) \$2,599	Single Rate \$3,149
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Guest Information

Guest #1 (as printed on passport): _____

Guest #2 (as printed on passport): _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone _____ Cell Phone _____

Deposit Payment

Check Enclosed for \$500 per person (non-refundable deposit)

Credit Card # _____ Expiration Date: _____

Name (as printed on card): _____

Billing Address (if different from above): _____

City _____ State _____ Zip _____

Accommodations

I require single accommodations (supplemental fee of \$550)

I am traveling as a single person, but will share accommodations with _____

Dietary Restrictions

Balance of Payment is due by June 30, 2017

**Mail to: Center for Life Enrichment
P.O. Box 2046 , Highlands, NC 28741**

We strongly suggest purchasing travel insurance. Travel insurance information will be sent to you with your confirmation letter.